NUR 474

Shaqra University

College of Applied Medical Sciences, Shaqra

Department of Nursing

Course Syllabus

First Semester 2024/1446

I. Course Number and Title: Psychiatric and Mental Health Nursing/ Clinical (NUR 474)

Course Credit: 3

Level/year at which this course is offered: Level 7

Course Description:

This course is designed to provide students with opportunities to integrate the principles and concept of mental health, psychopathology, and treatment modalities as they relate to providing care to patients suffering from mental illnesses and their families in a variety of setting. Application of the nursing process with emphasis on critical thinking, problem solving and effective therapeutic communication and interpersonal skills

Course Main Objectives:

Prepare students for their nursing duties and enhanced their knowledge, skills and attitude in providing care to mentally ill patients and their families in a variety of settings.

Classroom:

According to class schedule

Teaching Personnel

Mona Hamdy Mostafa / Dr. Ramon Perley Pandaan / Dr. Glenn Ford Valdez

Office: 1st floor, College of Applied Medical Sciences, Shaqra

Office Hours: According to class schedule

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Course Contents

No	List of Topics	Contact Hours
1.	Introduction of the course	6
2.	Self Awareness	6
3.	Interviewing skills	6
4.	Electroconvulsive therapy	6
5.	Therapeutic and Nontherapeutic Communication techniques	6
6.	Therapeutic Milieu	6
7.	**Clinical Midterm Exam**	
8.	Nursing care for violence and aggression	6
9.	Nursing care for suicide and suicide prevention	6
10.	Nursing care for seclusion and restraint	6
10.	Nursing care for epilepsy	6
12.	Nursing care for sleep disorder	6
13	Nursing care for patient with eating disorder	6
13.	Defense mechanism	6
13.	**Clinical Duty**	6
14.	**Clinical Duty**	6
15.	**Clinical Duty**	6
16.	**Clinical Duty**	6
17.	**Final Clinical Exam**	
Total		**102**

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	**Practical Midterm exam**	**7th -8th**	**25%**
2.	**Quiz**	**10th**	**10%**
3.	**Case Studies**	**13th -14th**	**10%**
4.	**Field trip report**	**14th -15th**	**10%**

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
5.	**Participation**	**Throughout the term**	**5%**
6.	**Final exam**	**17-18th**	**40%**
	Total	**-**	**100%**

Practical Midterm Exam: There will be one Practical midterm exam throughout the semester and one quiz. Each exam will cover the content discussed before the time of exam and weighs 25 % and 10% respectively of the overall course assessment.

Case studies and case presentation: Each student (or group of students) will prepare a specific topic that will be determined later.

Final Exam: At the end of the semester there will be an exam that will cover the content discussed throughout the course.

Grading Policy: The table below shows the grading policy as indicated by Shaqra University

The percentage Degree	Grade Symbol	Rated weight of 5	Grade
95-100	A+	5.0	Exceptional
90-94	A	4.75	Excellent
85-89	B+	4.5	Superior
80-84	B	4.0	Very Good
75-79	C+	3.5	Above Average
70-74	C	3.0	Good
65-69	D+	2.5	High Pass
60-64	D	2.0	Pass
Below60	F	0.0	Fail

Required Texts

Essential References	● Stuart, G.,& Laraia, M.(2020). Principles and practice of psychiatric Nursing, 10th ed., Mosby, London
Supportive References	● Videbeck, L. (2019). Psychiatric-mental health nursing. 8thEdition. Lippincott Williams & Wilkins. Shives R.,(2019). Basic concepts of psychiatric-mental health Nursing.7th ed, Lippincott Company, New York

	● Schultz, J.M., &Beck, L.S.(2020).Manual of psychiatric Nursing care plans.8th ed., Lippincott Company, New York
Electronic Materials	● Shaqra University E-Learning Platform: ● https://lms.su.edu.sa/login/index.php ● Saudi Digital Library: ● https://www.sdl.edu.sa/SDLPortal/Publishers.aspx ● http://www.cpaapc.org:8080/Publications/Archives/PDF/1997/NOV/BLAND.PDF ● http://www.healthyminds.org/multimedia/ptsd.pdf ● http://www.cogprints.org/4345/1/Autism&Psychopathology.pdf ● http://www.cpaapc.org:8080/Publications/Archives/PDF/1997/Sep/BLAND.PDF
Other Learning Materials	● Stuart, G.,& Laraia, M.(2020). Principles and practice of psychiatric Nursing, 10th ed., Mosby, London

ACADEMIC HONESTY POLICY

Since the integrity of the academic enterprise of any institution of higher education requires honesty in scholarship and research, academic honesty is required of all students at Shaqra University. Academic dishonesty is prohibited in all programs of the University. Academic dishonesty includes but is not limited to: cheating, fabrication, plagiarism, and facilitating dishonesty. Appropriate sanctions may be imposed on any student who has committed an act of academic dishonesty. Instructors should take reasonable steps to address academic misconduct. Any person who has reason to believe that a student has committed academic dishonesty should bring such information to the attention of the appropriate course instructor as

soon as possible. Instances of academic dishonesty not related to a specific course should be brought to the attention of the appropriate department Head or Chair. Since students are expected to be familiar with this policy and the commonly accepted standards of academic integrity, ignorance of such standards is not normally sufficient evidence of lack of intent.

I wish you all the best in this course and your study